

Members of First Nations may have access to mental health supports and services in their community. The local health centre or nursing station is a good place to connect with to see if any supports are available:

Beausoleil Family Health Centre

Beausoleil First Nation

156 Mkade Kegwin Miikan
Christian Island, ON L9M 0A9

☎ 705-247-2035

📠 705-247-2006

🖱 www.bfhc.ca

Moose Deer Point Nursing Station

Moose Deer Point First Nation

1025C Mitabik Rd
Mactier, ON P0C 1H0

☎ 705-375-9900

📠 705-775-9905

🖱 www.wpsbc.com/nursingstations

Rama Community & Family Services

Rama First Nation

6147 Rama Road
Rama, ON L3V 6H6

☎ 705-325-3611

📠 705-329-3067

🖱 www.mnjikaning.ca

Muskoka Community Health Hub - Wahta Site

Wahta Mohawks First Nation

2350 Muskoka Rd 38
Bala, ON P0C 1A0

☎ 705-762-1274

📠 855-619-4922

🖱 www.ccfht.ca

The Barrie Native Friendship Centre and the Georgian Bay Native Friendship Centre provide health and wellness services to urban Indigenous community members in the region:

Barrie Native Friendship Centre

175 Bayfield St.
Barrie, ON L4M 3B4

☎ 705-721-7689

📠 705-721-7418

🖱 www.barrienfc.ca

Georgian Bay Native Friendship Centre

175 Yonge St.
Midland, ON L4R 2A7

☎ 705-526-5589

📠 705-526-7762

🖱 www.gbnfc.com

The Métis Nation of Ontario offers health & wellness and social services and supports to Métis communities in the region:

Métis Nation of Ontario (MNO)

MNO offices are located in Gravenhurst, Midland, and Innisfil

Contact information can be found at:

www.metisnation.org/programs/offices-and-staff



Simcoe Muskoka
Regional Cancer Program



Royal Victoria
Regional Health Centre

A Cancer Care Ontario Partner



Resources for Indigenous (First Nations, Métis, Inuit) Patients and Family Members



Enaahdig Healing Lodge & Learning Centre
Residential Programs

Traditionally focused and wholistic residential programs for Indigenous youth, adults, and families

☎ 705-534-3724

📠 705-534-4991

🖱 www.enaahdig.ca

Referral forms available on website

Enaahdig Healing Lodge & Learning Centre
Mental Health Outreach Services

Mental health services using an Indigenous culture based approach based on Indigenous best practices including:

- Family consultation
- Counseling and psychotherapy
- Community clinician consultation
- Frontline worker peer support
- Intensive and non-intensive case management
- Community capacity building, training, service system liaison and networking
- Screening and assessment, comprehensive assessments, care planning and referral

☎ 705-534-3724

📠 705-534-4991

🖱 www.enaahdig.ca

Electronic inquiry available on website

B'Saanibamaadsiwin Aboriginal Mental Health Program
CMHA Muskoka-Parry Sound

Culturally safe Indigenous mental wellness care including: assessment, referral, crisis, and counselling services.

☎ 705-746-2512

📠 705-746-9590

🖱 mps.cmha.ca

Aboriginal Worker Mental Health Services
CMHA Simcoe County

First Nations, Métis, Inuit, and urban Indigenous youth and adult clients have access to an Aboriginal Worker. Services for those living in the Barrie, Orillia, Midland/ Pentanguishene, Innisfil, Angus and Collingwood Areas.

☎ 705-726-5033

📠 705-725-5496

🖱 cmhastartalking.ca

Mamaway Wiidokdaadwin Indigenous Interprofessional Primary Care Team
Orillia Clinic

Primary Care and Health Services for Indigenous patients and families.

☎ 705-259-9520

📠 705-259-2010

🖱 www.banac.on.ca/mamaway

Mamaway Wiidokdaadwin Indigenous Interprofessional Primary Care Team
Barrie Clinic

Primary Care and Health Services for Indigenous patients and families.

☎ 705-721-9554

📠 705-503-3995

Barrie Area Native Advisory Circle (BANAC)

Traditional Healing and supportive social and health services

☎ 705-734-1818

📠 705-734-1812

🖱 www.banac.on.ca

Chigamik Community Health Centre

Cultural Wellness Services
Mental Health and Addictions Services
Traditional Healing
Biidaaban Doula Collective
Postpartum loss and bereavement services

Services are available in French and English. The centre provides diverse programming in partnership with local Indigenous communities

☎ 705-527-4154

📠 705-526-870

🖱 www.chigamik.ca

Program calendars, registration, referral forms are available on the website

Orillia Native Women's Group

Support for Indigenous women and their families. Infant mental health program.

☎ 705-329-7755

📠 705-329-7766

🖱 www.onwg.org

Georgian Bay Native Women's Association

Support for Indigenous women and their families. Infant mental health program.

☎ 705-527-7043

📠 705-527-4513

🖱 www.gbnwa.ca

Dnnagdawenmag Binnoojiiyag Child and Family Services

Child and Youth Mental Health & Addictions Services

Central Contact Number:

☎ 1-844-523-2237

🖱 www.binnoojiiyag.ca

