

Help is a Phone Call Away

If you are having side effects related to your cancer treatment, please contact:



Symptom Support Telephone Service



During the day:

Monday – Friday from 8:00 am – 3:30 pm
Cancer Centre Symptom Support
705-728-9090 x79565



Evenings, weekends and holidays:

Monday – Friday from 5:00 pm – 8:00 am;
weekends and holidays 24 hours.
Bayshore CAREpath 1-877-681-3057

To cancel or change your appointment, please call
705-728-9090 x43333
Monday – Friday from 8:00 am – 4:00 pm.

Finished Treatment Instructions (Chest)

*For Patients Undergoing Radiation Therapy to
Their Chest (including lung and esophagus)*

What's next?

Your Radiation Oncologist will discuss your follow-up plan with you during your last weekly review appointment.

In the weeks after your last treatment, you may find this to be an emotionally difficult time. Some people are very excited to be finished, but others find it difficult for many reasons.

If you have any concerns about how you are feeling:

Call the Symptom Support Telephone Service (see the back of this pamphlet for details).

Make an appointment to see a social worker (call 705-728-9090 x43520 for an appointment).

Will I have side effects after my treatment is finished?

Radiation continues to work, even after your treatments are finished.

Most side effects of your radiation treatment will continue for 2 to 4 weeks after your last treatment.

Some side effects actually peak after your treatments are finished, getting worse before they get better.

Please refer to your *Radiation Therapy Symptom Management Guide* that was given to you before the start of your radiation treatments. It outlines specific side effects to your case and how to manage them.

Follow-up Care Instructions

Skin Care: _____

Medications: _____

Other: _____

What is radiation pneumonitis?

Radiation pneumonitis is an inflammation in the lungs that can happen 1 to 6 months (or longer) after your radiation treatments are finished.

Symptoms can include:

- Shortness of breath
- Dry cough
- Chest pain (in some cases)
- Low grade fever (in some cases)

If you develop any of the above symptoms:

Call the symptom support telephone service right away (see the back of this pamphlet for details), **AND THEN:**

Go to your family doctor, walk-in clinic, or emergency department immediately. Let them know that you have recently finished radiation treatments to your chest. Show them this handout.

