



RVH opens Child and Youth Mental Health Day Program

RVH is pleased to announce that school is officially in session at RVH! On September 5th 2018 team RVH celebrated the opening of the Day Program, a service Simcoe Muskoka Regional Child and Youth Mental Health Program.

The focus of this program, a partnership with the Simcoe County District School Board (SCDSB), is to provide both academic and mental health services for high school students unable to attend regular classes due to a diagnosis of anxiety and depression.

We know that a young persons mental health is just as important as their physical health and they deserve the same quality of care and access to support. RVH has opened up a new avenue of hope for high school students with anxiety or depression. Our goal is to fill their backpacks with effective strategies to get them back to their community high school.

Much work went into establishing this program and we are very grateful for the dedication and commitment of our partners from SCDSB; Eastview Secondary School; Innisdale Secondary School; the Simcoe Muskoka Catholic District School Board; Kinark Child and Family Services; and New Path Youth and Family Services - Lead Agency for the provincial government's Moving on Mental Health for Simcoe County.

The launch of this program further enhances the quality mental health care we are providing to the youth of this region and that's something worth celebrating.

